



## INTERNATIONAL INDIAN PUBLIC SCHOOL – RIYADH

07 May 2024

REF: IIPS/PRL/24-25/24

### Introduction of School Counselor

Dear Parents/Guardians,

We are delighted to announce that our school has appointed a dedicated counselor,

**Miss. Zahra Tausif (B.A Psychology, M.Sc. Cognitive Neuropsychology)** to support the emotional, social, and academic well-being of our students. As part of our commitment to nurturing a supportive and inclusive learning environment, we believe that the addition of a counselor will greatly benefit our school community.

The role of the school counselor is multifaceted, encompassing various aspects such as:

**1. Emotional Support** : Our counselor is here to provide a safe space for students to express their feelings, concerns, and challenges. Whether they are struggling with stress, anxiety, peer relationships, or any other emotional issue, the counselor is available to offer guidance and support.

**2. Academic Guidance:** In addition to addressing emotional needs, the counselor also assists students in setting academic goals, developing study skills, and exploring career pathways. They can provide valuable insights and resources to help students excel academically.

**3. Social Skills Development:** Building healthy relationships and effective communication skills are essential for success in both academic and personal life. The counselor facilitates group sessions and workshops to enhance students' social skills and promote positive interactions among peers.

**4. Crisis Intervention:** In times of crisis or emergencies, the counselor plays a crucial role in providing immediate support and assistance to students and families. They are trained to handle various crisis situations sensitively and effectively.

We encourage both students and parents to take advantage of the resources and support offered by our school counselor.



Below are some ways you can access the counselor's services:

1. **Schedule an Appointment:** Parents and students can schedule individual appointments with the counselor by prior appointment through [iipsr.schoolcounselorzahra@gmail.com](mailto:iipsr.schoolcounselorzahra@gmail.com). These confidential sessions provide an opportunity to discuss any concerns or issues in a private setting.

2. **Attend Workshops and Seminars:** Throughout the school year, the counselor will organize workshops and seminars on topics such as stress management, conflict resolution, college preparation, and more. We encourage parents and students to participate in these events to gain valuable insights and skills.

3. **Reach Out for Support:** If you or your child is facing a challenging situation or simply needs someone to talk to, don't hesitate to reach out to the counselor. They are here to listen, support, and guide you through any difficulties you may encounter.

We believe that the presence of a dedicated counselor will greatly contribute to the overall well-being and success of our students. Together, let's work towards creating a nurturing and supportive environment where every student can thrive.

Thank you for your continued support and partnership in your child's education.

Sincerely,



Santhosh V Prabhakaran  
Interim Principal

